



12TH CONFERENCE The Center for Lactation Science

Breastfeeding scientifically
and practically

Warsaw, 7-8 June 2019

CONFERENCE PROGRAM

FRIDAY June 7th 2019 – LECTURE SESSION 9.30 - 18.30

- 09.30–10.30 Registration of participants, coffee, visiting the stands
10.30–10.40 Welcome
10.40–10.50 Summary of the 2018/19 academic year
10.50–11.00 Introductory lecture - **prof. dr hab. n. med. Ewa Dmoch-Gajzlerska**

Opening lecture:

- 11.00–11.20 Hypoglycemia – when does it need action and when just observation? - **prof. dr hab. n. med. Maria K. Borszewska-Kornacka**

I session Breastfeeding – scientific approach – leader **dr n. med. Monika Żukowska - Rubik**

- 11.20–11.50 Is Poland a friendly country to a breastfeeding mother and her child? – part 4 of CNoL research
1/education in prenatal schools - **lek. Dorota Bębenek**
2/lactation support on the Internet – **dr n. med. Magdalena Nehring-Gugulska**
3/prenatal education during midwife visits - **lek. Dorota Bębenek**
11.50–12.05 Value of human milk in second year of life - **dr n. med. Matylda Czosnykowska-Łukacka**
12.05–12.20 What does medical staff think about long breastfeeding? - **dr n. med. Barbara Baranowska**
12.20–12.40 Guests' voices

12.40–13.40 Lunch break

II session Breastfeeding – practical approach

- 13.40–13.50 Presentation of a company
13.50–14.55 Slow weight gain and the vicious cycles that keep it going: Poor feeding, poor appetite, and poor production - **dr Christina Smillie**
14.55–15.10 Insulin resistance and lactation – a puzzle to solve? - **lek. Magdalena Castello – Rokicka**
15.10–15.25 Inflammatory plug – from theory to practice - **dr n. med. Monika Żukowska-Rubik**
15.25–15.35 Presentation of a company
15.35–15.50 Discussion
15.50–16.10 Coffee break

16.10–16.30 Handing out IBCLC Certificates

III session Breastfeeding – practical approach

- 16.30–16.40 Presentation of a company
16.40–16.55 Observation of mothers' and babies' behaviour in late breast aversion. CNoL research project. - **lek. Magdalena Castello-Rokicka, dr n. med. Magdalena Nehring-Gugulska**
16.55–18.00 Sleeping on the job: What late preterm, jaundiced and underweight babies all have in common, and the path to effective breastfeeding - **dr Christina Smillie**
18.00–18.15 Analysis of most common breastfeeding problems discussed on Facebook - **lek. Aleksandra Lewandowska**
18.15–18.30 Discussion
18.30–20.00 Dinner and entertainment: Hot Latino rhythms - evening hosted by IMPET Dance Club

There might be slight changes to the program.



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SATURDAY June 8th 2019 – WORKSHOP SESSION 8.30 -14.00

	SALA 1	SALA 2	SALA 3	SALA 4
8.00–8.30	Coffee			
8.30–10.00 Warsztat 1	Breast distress breast refusal oral aversion and total freakout: gentle paths back to the breast. Dr Christina Smillie	Physiotherapist working with babies who have difficulties with breastfeeding. mgr Marek Wrześniewski	Caleidoscope of weird cases in lactation consultant practice - part 2. dr n. med. Katarzyna Kowol-Trela mgr Joanna Kiełbasińska dr n. med. Magdalena Nehring-Gugulska dr n. med. Monika Żukowska-Rubik lek. Katarzyna Raczek-Pakuła	Frenotomy in practice. Workshop for specialists performing the procedure. dr n. med. Monika Żukowska-Rubik lek. Katarzyna Jasińska
10.00–10.20	Coffee break			
10.20–11.50 Warsztat 2	Breast distress breast refusal oral aversion and total freakout: gentle paths back to the breast. Dr Christina Smillie	Physiotherapist working with babies who have difficulties with breastfeeding. mgr Marek Wrześniewski	Caleidoscope of weird cases in lactation consultant practice - part 2. dr n. med. Katarzyna Kowol-Trela mgr Joanna Kiełbasińska dr n. med. Magdalena Nehring-Gugulska dr n. med. Monika Żukowska-Rubik lek. Katarzyna Raczek-Pakuła	How to pass on uncomfortable information? dr n. o zdr. Agnieszka Pietkiewicz
11.50–12.30	Lunch			
12.30–14.00 Warsztat 3	Breast distress breast refusal oral aversion and total freakout: gentle paths back to the breast. Dr Christina Smillie	Physiotherapist working with babies who have difficulties with breastfeeding. mgr Marek Wrześniewski	Nipple shields, funnels, teats and effective nursing. dr n.med. Magdalena Nehring-Gugulska lek. Magdalena Castello-Rokicka	How to pass on uncomfortable information? dr n. o zdr. Agnieszka Pietkiewicz

