

XI Congress of the Centre for Lactation Science

Conference programme

Breastfeeding – it is natural, so why is it sometimes difficult?



8 June 2018 r. - Friday

- 09.30–10.30 Registration, coffee
10.30–10.40 Welcome
10.40–10.50 Summary of the 2017/18 academic year
10.50–11.00 Introduction - **prof. dr hab. n. med. Krzysztof Czajkowski**

I sesja Breastfeeding is a task

- 11.00–11.25 Is Poland a friendly country for a breastfeeding mother and her child?– part 3 CNoL research
1/Family doctors, midwives in hospitals - **dr n. med. Monika Żukowska – Rubik**
2/lactation consultants – **lek. Dorota Bębenek**
11.25 –11.40 Lactation care by midwives - PTKiDL research – **mgr Joanna Fajdek**
11.40 – 11.55 Guest comments
11.55 – 12.40 Bacteria in human milk. What is bacterial dysbiosis and what are its symptoms? Can probiotics help?
Prof. Juan Miguel Rodriguez
12.40–13.00 Coffee break

II sesja Breastfeeding is protection

- 13.00–13.10 LennyLamb presentation
13.10–13.30 Breastfeeding mother with depression – a challenge to a therapeutic team - **lek. Joanna Krzyżanowska - Zbucka**
13.30–13.50 How else can we use human milk? - **dr hab. n. med. Małgorzata Witkowska-Zimny**
13.50–14.40 Mastitis in the eyes of a researcher – practical implications – **Prof. Juan Miguel Rodriguez**
14.40–15.00 Discussion
15.00–16.00 Lunch break
16.00–16.30 **Certificates for lactation consultants and breastfeeding promoters**

III sesja Lactation problems

- 16.30–16.40 Nutropharma presentation
16.40–17.00 How to deal with infant crying – to swaddle or not to swaddle? - **lek. Magdalena Castello – Rokicka**
17.00–17.20 How to keep lactation with pumping without going crazy - badanie CNoL - **lek. Iwona Nehring**
17.20 – 17.35 Breakthrough in treatment of nipple damage – CNOL research – **dr n. med. Magdalena Nehring-Gugulska**
17.35 –17.50 Why is it worth to breastfeed over a year? Breastmilk bank in Toruń research - **Dr n. med. Elena Sinkiewicz-Darol**
17.50–18.10 Discussion
18.15–20.30 Dinner

9 June 2018 r. - Saturday Workshops

8.00–8.30	Welcome coffee			
8.30–10.00 Warsztat 1	Nipple shields, funnels, teats and effective sucking Muszyńska Agnieszka Magdalena Nehring-Gugulska Magdalena Castello-Rokicka Magdalena Czajkowska	Biological mother's breastmilk is the standard of preterm feeding – how to achieve it? Katedra i Klinika Neonatologii Uniwersytetu Medycznego im. Piastów Śląskich we Wrocławiu – lek. Karolina Barańska	Short frenulum – technique and effectiveness of frenulotomy – workshop Żukowska-Rubik Monika Katarzyna Jasińska Katarzyna Raczek-Pakuła	Postpartum depression – therapy in LC practice Dr Agnieszka Pietkiewicz
10.00-10.20	Coffee break			
10.20–11.50 Warsztat 2	Nipple shields, funnels, teats and effective sucking Muszyńska Agnieszka Magdalena Nehring-Gugulska Magdalena Castello-Rokicka Magda Czajkowska	Biological mother's breastmilk is the standard of preterm feeding – how to achieve it? Paszko Paderewska Muszyńska Osuch	Short frenulum – technique and effectiveness of frenulotomy – workshop Żukowska-Rubik Monika Katarzyna Jasińska Katarzyna Raczek-Pakuła	Slings - workshop ClauVi Iza Sztandera Iza Frankowska-Olech
11.50.12.30	Lunch			
12.30–14.00 Warsztat 3	Kaleidoscope of strange cases in LC practice Katarzyna Kowol-Trela Joanna Kiełbasińska Magdalena Nehring-Gugulska	Kaleidoscope of strange cases in LC practice Katarzyna Kowol-Trela Joanna Kiełbasińska Magdalena Nehring-Gugulska	Slings - workshop ClauVi Iza Sztandera Iza Frankowska-Olech	Postpartum depression – therapy in LC practice Dr Agnieszka Pietkiewicz