



XIV Zjazd Centrum Nauki o Laktacji

Karmienie piersią – więcej mocy!

Warszawa, 11-12 czerwca 2021 r.

CONFERENCE PROGRAM

FRIDAY June 11th 2021 – LECTURE SESSION 9.30 – 17.50

- 09.30 - 10.30 Registration, welcome coffee, time to see the stalls
- 10.30 - 10.40 Welcome to the guests and lecturers
- 10.40 - 10.50 Summary of the 2020/21 academic year
- 10.50 - 10.55 1st session opening address

1st session Breastfeeding AS AN ELEMENT OF HEALTHY FEEDING

- 10.55 – 11.15 Recent guidelines for infant feeding. What's new? What's important?
prof. dr hab. n. med. Hanna Szajewska
- 11.15 – 11.45 Is it possible to overfeed with human milk and what are the consequences?
prof. Donna Geddes
- 11.45 – 11.55 What does medical staff know about the value of human milk? – results of CNoL research
dr n. o zdr. Beata Szyber
- 11.55 – 12.15 Discussion**
- 12.15 – 12.30 Who and why recommended elimination diet – results of CNoL research **lek. Dorota Bębenek**
- 12.30 – 12.50 Recent view on cow milk protein allergy in breastfed infants
dr n. med. Agnieszka Krauze
- 12.50 – 13.00 Discussion
- 13.00 – 14.00 60 min lunch break**

2nd session Breastfeeding IN COVID-19 ERA

- 14.00 - 14.05 2nd session opening address
- 14.05 – 14.15 Company presentation
- 14.15 – 14.35 Breast milk of a woman recovered or vaccinated to COVID 19 – from a clinician's point of view
prof. dr hab. n. med. Barbara Królak-Olejniak
- 14.35 – 14.50 Is the milk of COVID 19-positive mother safe? – results of the Polish study
dr hab. n. o zdr. Aleksandra Wesołowska
- 14.50 - 15.05 Discussion**

15.05 - 15.20 Handing in of IBCLC and CLC

15.20– 15.45 Coffee break 25 min

3rd session Breastfeeding IN PRACTICE

15.45 - 15.50 3rd session opening address

15.45 - 15.55 Presentation of a company

15.55 – 16.15 PTN recommendations on neonatal jaundice treatment in practice
dr n. med. Justyna Tołłoczko

16.15 – 16.35 Upper lip frenulum – where is the problem?
dr n. med. Monika Żukowska-Rubik

16.35 – 16.45 Discussion

4th session Young scholars in action

16.45-16.50 4th session opening address

16.50 – 17.00 Dual breastfeeding: analysis of breast milk nutritional value while feeding a younger and older child - **dr n. med. Elena Sinkiewicz-Darol**

17.00 – 17.10 Significance of vitamin D. Vitamin D concentration in breastfeeding women and their milk

mgr Iwona Adamczyk

17.10 – 17.15 Immediate skin to skin contact after a cesarean section – knowledge and midwives' attitude – **mgr Nela Kameduła**

17.15 – 17.20 *Lactobacillus* in human milk – **lek. wet. Katarzyna Łubiech**

17.20 - 17.30 Discussion

17.30 - 19.00 Dinner and sth nice for everybody...

SATURDAY June 12th 2021 – WORKSHOP SESSION 8.30 -14.00

8.00 - 8.30 welcome coffee

Workshops in 90-minute blocks: 8.30-10.00; 10.20 - 11.50; 12.30 - 14.00

1. Does breastmilk need to be fortified – when and for whom?- **prof. dr hab. n. med. Barbara Królak-Olejnik, dr n. med. Matylda Czosnykowska - Łukacka**
2. Kaleidoscope of weird cases - season 4 – **dr n. med. Katarzyna Kowol Trela, mgr Joanna Kiełbasińska, dr n. med. Magdalena Nehring-Gugulska**
3. Support me! How to get over the pandemics crisis? – **mgr Joanna Frejus**
4. Discover mother's power looking at the baby– NBO (Newborn Behaviour Observations) as a tool for building parent competences – **Fundacja Centrum NBAS, mgr Karolina Isio-Kurpińska, mgr Bożena Cieślak-Osik**
5. Midwife - 5 steps towards independence - **mgr Estera Michalak**
6. Expanding infant diet, BLW culinary workshop - **mgr Zuzanna Antecka**

The organizer reserves the right to change the program