



We cordially invite you for a hybrid conference  
Center for Lactation Science 17th Congress

Breastfeeding wisely!  
Modern challenges  
of lactation consulting.

Warsaw, 7-8 June 2024

## CONFERENCE PROGRAMME

FRIDAY 7 June 2024 – lecture session **9.30 am – 6.20 (8.30) pm**

- 09.30 - 10.30 am Registration of participants, welcome coffee, stand visits  
10.30 - 10.50 am Welcome address, a word from the co-organisers  
10.50 - 11.00 am Lactation counseling - where it comes from and what it is for. - **Monika Żukowska-Rubik, PhD**

### Session I Media

- 11.00 - 11.05 am Opening word for session I – **Monika Żukowska-Rubik, PhD**  
11.05 - 11.20 am Breastfeeding mother with epilepsy - latest recommendations, opening lecture - **Maria Wilińska, Assoc. Prof.**  
11.20 - 11.35 am Those elimination diets again, but with the latest guidelines - **Karolina Karcz, PhD**  
11.35 - 11.50 am Marketing communication and the choice of feeding products for infants and young children – **Małgorzata Jackowska, PhD Eng**  
11.50 - 12.05 pm I breastfeed, but smartly - survey research results – **Aneta Nagórska, MD**  
12.05 - 12.25 pm How to convey knowledge so that mothers understand us? - **Katarzyna Bosacka Special Guest**  
12.25 - 12.40 pm Discussion

**12.40 - 1.00 pm Coffee break**

### Session II Clinical

- 1.00 - 1.05 pm Opening word for session II - **Estera Michalak, MSc**  
1.05 - 1.15 pm Bepanthen Baby – More than you think - **Agnieszka Kotusz, PhD in Biology**  
Bayer Polska  
1.15 - 1.30 pm Want scientific evidence? Do your search "with your head" - **Dorota Sys, PhD Eng**  
1.30 - 1.50 pm Probiotics - is it a panacea for everything? Facts and myths – **Barbara Królak-Olejniak, Full Prof.**

11.50 - 2.05 pm What should you think about when administering NSAIDs? - **Piotr Nehring, PhD**

2.05 - 2.15 pm How to feed children to lower the risk of type I diabetes – **Dorota Bassara-Nowak, DHSc**

2.15 - 2.25 pm Occurrence of erythrocytes in breast milk at the early stage of lactation - the need to educate staff and support mothers. - 1st place in the competition - **Katarzyna Wszótek, DHSc**

2.25 - 2.35 pm Multidisciplinary support with lactation counseling in perinatal crisis. - 1st place in the competition - **Aleksandra Wesołowska, MDSc, DHSc**

2.35 - 2.50 pm Discussion

**2.50 - 3.50 pm Lunch break**

### **III sesja Scientific**

3.50 - 3.55 Opening for for session III – **Aleksandra Wesołowska, MDSc, DHSc**

3.55 - 4.02 Gestational diabetes and markers of insulin resistance and exclusive natural feeding in the first postpartum week - 2nd place in the competition – **Karolina Karcz, PhD**

4.02 - 4.09 Breast milk in the treatment of congenital lymphocephalus - 2nd place in the competition – **Izabela Drażkowska, MSc**

4.09 - 4.16 Shortened frenulum of the tongue - fashion or real problem? Single center research - 3rd place in the competition - **Anna Maćkowska, MD**

4.16 - 4.20 The effect of the nursing mother's social network size on the content of omega-3 and omega 6 fatty acids in her milk - awarded in the competition - **Magdalena**

**Babiszewska–Aksamit, PhD in Biology**

4.20 - 4.35 Poster exhibit

1. Synthetic oxytocin during labor and the newborn's competence in suckling skills at the breast and selected biochemical parameters in maternal blood serum - **Katarzyna Wszótek, DHSc**

2. Immunological properties of breast milk during COVID-19 pandemic - **Paulina Gaweł, MSc**

3. Analysis of milk composition of women residing in the Kujawsko-Pomorskie province with reference to maternal factors – **Agnieszka Dombrowska-Pali, DHSc**

4. Mothers' assessment of availability, readiness and competence of medical personnel in addressing lactation problems during COVID-19 pandemic - **Anna Maćkowska, MD**

4.35 - 4.45 Pharmacy and medicine - sisterhood or competition? **Ewa Wietrak, DPharm, Nutropharma**

4.45 - 5.05 **Presentation of Lactation Advisor certificates**

5.05 - 6.05 How to ensure that all babies in the NICU are fed exclusively with their mother's milk?

**Paula Meier, PhD, RN, FAAN - Special Guest live from the USA**

**6.05 - 6.20 pm Discussion**

**6.20 pm Conclusion of conference day I**

**Shared dinner with music**

**SATURDAY 8 JUNE 2024 – WARSAW SESSION 9.00 am – 14.40 pm**

	<b>PATIO ROOM 1 + online transmission</b>	<b>PATIO ROOM 2 – ground floor</b>	<b>“KRÓLEWSKA” ROOM – 1st floor</b>	<b>“KLUBOWA” ROOM – ground floor</b>
8.30-9.00 am	<b>Welcome coffee</b>			
9.00-10.30 am Workshop 1	Kaleidoscope of curious cases - season7: <b>Magdalena Nehring-Gugulska, PhD, Joanna Kiełbasińska, MSc, Katarzyna Kowol-Trela, PhD</b> + online transmission	<b>The First Two Postpartum Weeks: A Critical Time to Establish Lactation in Preterm and Term Infants – Paula Meier, PhD, RN, FAAN</b>	"Dispel" supplementary feeding – <b>Debora Barbay, MD, Monika Żukowska-Rubik, PhD</b>	Everyday life of a lactation counselor – <b>Monika Jodłowska, DHSc, Agnieszka Muszyńska, MSc with guests</b>
10.30-10.50 am	<b>Coffee break</b>			
10.50–12.20 am Workshop 2	Everyday life of a lactation counselor – <b>Monika Jodłowska, DHSc, Agnieszka Muszyńska, MSc with guests</b>  + online transmission	<b>Techniques for Managing Feeding at Breast for Preterm and Late Preterm Infants: Using the PROVIDE Compendium to Guide Care – Paula Meier, PhD, RN, FAAN</b>	"Dispel" supplementary feeding – <b>Debora Barbay, MD, Monika Żukowska-Rubik, PhD</b>	Kaleidoscope of curious cases - season7: <b>Magdalena Nehring-Gugulska, PhD, Joanna Kiełbasińska, MSc, Katarzyna Kowol-Trela, PhD</b>
12.20-1.10 pm	<b>Lunch – Restaurant</b>			
1.10–2.40 pm Workshop 3	<b>The First Two Postpartum Weeks: A Critical Time to Establish Lactation in Preterm and Term Infants – Paula Meier, PhD, RN, FAAN</b> + online transmission	Kaleidoscope of curious cases - season7: <b>Magdalena Nehring-Gugulska, PhD, Joanna Kiełbasińska, MSc, Katarzyna Kowol-Trela, PhD</b>	Everyday life of a lactation counselor – <b>Monika Jodłowska, DHSc, Agnieszka Muszyńska, MSc with guests</b>	Inhibition of lactation in the first few postpartum days – <b>Kinga Osuch, MSc, Joanna Frejus, MA</b>